Kawasaki Disease Complicated by Coronary Artery Aneurysms: Mortality and 40-year Outcomes

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Kawasaki disease complicated by coronary artery aneurysms: mortality and 40-year

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The first patients known to have the KD are just now reaching the 4th and 5th decade of life.

Long-term outcomes and life expectancy for children after KD remain to be determined.

The lack of long-term prognosis data has been identified as a major source of anxiety for patients with a previous history of KD.

This is particularly true for patients with CA aneurysms who are at risk of CV events/interventions.
Determine the long-term (40 years) risk of major cardiac complications after KD:
  - Revascularization
  - Symptomatic thrombosis
  - Myocardial infarction

Estimate life expectancy up to the 4th decade of life for children with KD and compare to expected mortality.
Methods

• Inception cohort of KD patients was created:
  • Diagnosed between 1974 and 2013
  • Seen at The Hospital for Sick Children
    • Primary pediatric care centre for the Greater Toronto Area (primary catchment area)
    • Referral centre for high-risk patients

• Majority of patients who require ongoing care after age 18 years are followed in the Peter Munk Cardiac Centre at Toronto General Hospital.

• We reviewed complete medical records for all patients at both sites in 2014.
Methods

- Freedom from all time-dependent outcomes was modelled using multiphase parametric hazard regression models.

- Life tables from Statistics Canada were used to estimate age/gender specific expected mortality for the general population.
Patient Population

• 2,623 patients included in the study cohort
• 410 (16%) with CA involvement:
  • 215 CA dilatation (z > +2.5 and z< +5.0)
  • 56 medium CA aneurysms (z≥ +5.0 and z< +10.0)
  • 138 large/giant CA aneurysms (z≥ +10.0)

• Average follow-up (63% with complete adult FU):
  • 6.7 years for patients with CA aneurysms
  • 13.3 years for large/giant CA aneurysms
  • 57/34 patients with >15/25 years of follow-up

• No cardiac complications were noted in patients without large/giant CA aneurysms.
Freedom from Revascularization in Large/Giant CA aneurysms: 14 Events

- 5 year: 95 ± 2%
- 20 years: 87 ± 4%
- 40 years: 80 ± 7%

N:
- 139
- 94
- 63
- 45
- 37
- 31
- 16
- 4
- 3
Freedom from Occlusive and/or Symptomatic CA Thrombosis in Large/Giant CA Aneurysms: 19 Events

Hazard of symptomatic thrombosis

Time since acute Kawasaki Disease (years)

Freedom from symptomatic thrombosis

Time since acute Kawasaki Disease (years)

N:

5 year: 90 ± 3%
20 years: 85 ± 4%
40 years: 82 ± 4%
Freedom from Myocardial Infarction in Large/Giant CA Aneurysms: 12 Events

- 5 year: 94 ± 2%
- 20 years: 92 ± 3%
- 40 years: 89 ± 4%

N:
- 139
- 95
- 64
- 46
- 38
- 30
- 15
- 4
- 3
Death

- Patients without CA involvement:
  - 3 deaths recorded (0.1% of population)
    - 1 secondary to MAS during acute phase
    - 2 cancer-related
  - No deaths recorded for patients with CA dilation or non-giant CA aneurysms.
    - Limited long-term clinical follow-up

- Patients with large/giant CAAs
  - 3 deaths recorded (2.2% of population)
    - 2 related to CAA complications (fatal MI)
    - 1 non-medical cause
Mortality Rates for Patients with Large/Giant CA Aneurysms

- At 10 years of age:
  - Mortality in KD patients: 1.5%
  - Expected population mortality: 0.7%
  \[ HR: 2.2, \text{95}\%CI: 0.3-11.5, p=0.08 \]

- At 40 years of age:
  - Mortality in KD patients: 3.1%
  - Expected population mortality: 2.3%
  \[ HR: 1.3, \text{95}\%CI: 0.4-4.0, p=0.37 \]
Conclusions

• KD patients without large/giant CA aneurysms are not at substantial risk of CV events or interventions.

• Risk for major cardiac complications seems to be limited in the 2\textsuperscript{nd} and 3\textsuperscript{rd} decades of life.

• Despite being at risk of myocardial infarction and revascularization, patients with large/giant CA aneurysms had a life expectancy similar to the general population.

• Additional follow-up will be necessary to define trends beyond the 4\textsuperscript{th} decade of life.